

Community Healthcare West

serving Galway, Mayo and Roscommon

Head of Mental Health Services

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Ceannasaí na Seirbhísí Meabhairshláinte

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24th July 2023

Mr. Duncan Smith, TD Leinster House Kildare Street Dublin 2

PQ ref 33707/23

To ask the Minister for Health the number of mental health services that are available in each Primary Care Centre in the area of County Roscommon covered by CHO2; and if there are plans to expand the mental health services available at these Centres

Dear Deputy Smith,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position;

In the Roscommon Primary Care Centre, Mental Health Services have a Day Hospital with two adult mental health teams made up of all the various disciplines on a multidisciplinary team with each Consultant holding a clinic weekly in the Primary Care Centre. The Teams provide a secondary specialist mental health service to service users with referrals from GPs, A&E, General Hospitals etc. The Teams also provide specialised mental health assessment and treatment incorporating therapies such as Cognitive Behaviour Therapy, Dialectical Behaviour Therapy, Addiction Counselling, Psychotherapy, Family Therapy, Drug Therapy, and Anxiety Management.

Monksland Mental Health Team is based in Cuan Aoibheann on the Old Tuam Road, and also have bookable desks in Monksland Primary Care Centre. The Team covers a catchment area of approximately 18,000 with approximately 300 active service user. This Team comprises of 1 Consultant Psychiatrist, 1 GP trainee, 1 Psychologist and 1 Psychologist trainee, .5 Social Worker, 1 Occupational Therapist, 1 Clinical Nurse Specialist Addictions, 1 Community Mental Health Nurse (10 hours per week), 1 Clinical Nurse Manager, 2 Registered Psychiatric Nurses and 2(.5) Administration Staff. A weekly clinic is held in the Primary Care Centre where approximately 21 service users are reviewed and new patients are core assessed. The Team provide a mental health service for people referred from various sources GPs, Emergency Department, Psychiatry Liaison and other teams. Specialised mental health treatments provided include Cognitive Behaviour Therapy, Dialectical Behaviour Therapy, Addiction Counselling, family therapy, anxiety management and supportive listening time. Depot administration and metabolic screening is provided by nursing staff.

Castlerea Primary Care Centre have one Consultant led mental health team and hold two clinics per week providing mental health assessment and treatment for services users in the Castlerea/Ballaghaderreen area.

Strokestown Primary Care Centre have one Consultant led mental health team and hold a clinic once a week providing mental health assessment and treatment for service users in the Strokestown/Elphin/Tulsk catchment area.

Mental Health Services have limited access to accommodation in Primary Care Centres due to the increasing requirements of Community Services in these Centres.

I trust this information is of assistance to you, but should you have any further queries, please contact me.

Yours sincerely,

Charlie Meehan

Head of Mental Health Services

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